# Ward 4

**News & Notes** 

May 2 - May 14



Tucson's Ward 4 is represented by Council Member Shirley C. Scott. Shirley has represented the Ward since 1995 and is honored to continue serving the constituents of Ward 4 and the City of Tucson.



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# In the Know

### Thanks Citi

Citi has donated funding for 100 trees that have recently been planted at the Rincon Country Mobile Home Park. The hard work was done by Citi employees. These trees were purchasedthrough Trees for Tucson, as part of Mayor Rothschild's



10,000 Trees Campaign. It is also a program of Tucson Clean & Beautiful. They have helped organize and coordinate this planting event.

Since the program began last year, Tucsonans have recorded planting 5,443 trees! The campaign is over halfway to its goal thanks to community partners and individual Tucsonans planting trees throughout the city. Thank you to Citi and Citi employees for your generous gift to our City.

### KIDCO, Where Kids Go



KIDCO will have two sessions this season. Session one will run June 2-27 and Session two starts June 30th and ends July 25th. This is for youngsters ages 5 – 11 (completed kindergarten through 5th grade only). They will get to play sports, games, performing arts and special events. All of the programs are offered by Parks and Recreation. There are

payment plans available, but you must use ezeereg.com. There is also a discount program for City of Tucson residents only. If you are interested in this discount, contact Registration Services at 791-4877. There is a different rate and registration date for NON-city residents. All the sites must meet a minimum enrollment of 40 by May, 30th or classes are subject to cancellation. Therefore, spread the word. Get your kids active during the summer while you're at work.

In Ward 4 you can choose the Freedom Center or Clements Center. If you have any questions you can go online to http://parks.tucsonaz.gov/parks or call the admin office 791-4873.

### page 2



### Raytheon Grants

Raytheon Company has funded a \$37,000 grant to help teach engineering concepts and practices to students at Acacia and Esmond Station Elementary Schools. The grant is part of a \$2 million Raytheon initiative to help improve Science, Technology, Engineering, and Math (STEM) education nationwide by expanding the use of Engineering is Elementary (EiE).

The Raytheon-Engineering is Elementary (EiE) grant funds professional development for 25 teachers, who will attend workshops to prepare them to use EiE with their students.

EiE overall helps elementary students become more interested in engineering as a career, and also imporves their learning of science concepts. Congratulations to Acacia and Esmond Station, it looks like this could help spark some new young engineers in Tucson.

### Place of Thunder

We continue our mission of bringing you information to help support our military operations here in Arizona. Last time we informed you of the 162nd Fighter Wing, Arizona National Guard. This time we would like to highlight Fort Huachuca.



Fort Huachuca is a United States Army installation located in Sierra Vista in southeast Arizona. The post sits at the base of the Huachuca Mountains. That name comes from an obscure, local Indian language which, when loosely translated, describes a "place of thunder".

It provides 26,921 jobs and has an economic impact of \$2.38 billion, of that Fort Huachuca provides \$886 million in direct economic impact.

Its missions include the U.S. Army Intelligence Center, 9th Army Signal Command, and the training site for the Grey Eagle UAV. Fort Huachuca can have more than 18,000 people on post during peak hours, making it one of the busiest installations. Fort Huachuca is also the headquarters of the Army Military Auxiliary Radio System (MARS).

Libby Army Airfield is located on post and shares the runway with Sierra Vista Municipal Airport; it is on the list of alternate landing locations for the space shuttle, though it has never been used as such.

To learn more about Fort Huachuca, go to http://huachuca-www.army.mil/. To learn more about Mission Strong and how you can help continue to support our military assets, visit www.missionstrongaz.org.

### Commode Replacement

Have a 1991 or older model commode, AKA toilet? If so, you might qualify for the free, yes I said it, FREE toilet replacement program. Tucson Water is offering low-to-moderate income households free replacement of older toilets that use 3.5 or more gallons per flush (gpf). There are a few qualifications for this program. Your toilet needs to be 1991 or earlier

You need to be a Tucson Water customer or a mobile home park, condo, etc. that IS a Tucson Water customer, rental properties are not eligible. And you have to be have a low-to-moderate household income.

Now to find out what year your toilet is, look to see if there is a date stamped inside the water tank. If you notice by the seat that your toilet is marked "1.6 gpf" or "6lpf" then it is already a low-flush toilet. For the low-to-moderate aspect, this is how it breaks down:

Household size 1 \$33,850 Household size 2 \$38,650 Household size 3 \$43,500

You get the idea. If you qualify you can choose out of 3 different models. If you have any questions or need more information, call Tucson Water at 791-4331 or visit tucsonaz.gov/water/rebate.



### M&C

It's budget time, and Mayor and Council is heating up. The next meeting is Tuesday, May 6. This meeting will be held at M&C chambers, 255 W. Alameda, with Study Session will starting at noon and Regular Session at 5:30. Here's what's coming up: Study Session:

- \* Discussion of Recommended Fiscal Year 2015 Budget
- \* Presentation regarding the National League of Cities Service Line Warranty Program
- \* Compensation Disputes Fiscal Year 2015 Compensation Plan

Regular Session:

\*\*\*Public Hearing on Recommended Fiscal Year 2015 Budget.

If you feel strongly about a department, if you want to say what programs that you think are important or support, then this is the time to say. Get down to Chambers and give your two cents. As always feel free to write or call the Ward 4 office. If you don't have anything to say, but are interested in knowing what is said, you can always stream the Mayor & Council Meetings, including the Study Sessions by going to www.tucson12.tv.

# Healthy Living

### Stress Free

Starting to feel your muscles and neck tightening up? Maybe you have an unexplained upset stomach for days, or you have a hard time falling asleep and stay asleep? Any of these might be due to stress. We all have more than one place to be at one time, stress of family and work, sometimes both at the same time! Besides taking



that well deserved vacation, here are a few other tips to help you relaaax.

One, get active and get those feel-good endorphins pumping! Exercise helps to refocus your mind on your body's movements, improving your mood and helping the day's irritations fade away. Consider walking, jogging, biking, swimming, yoga, and even gardening. If any of those won't do, go ahead and hit that punching bag. That will for sure make you feel better.

Two, connect with others. Your instinct when stress and irritable, may be to run into to your room, lock the world away and wrap yourself in your sheets until you're a cocoon. Well this definitely won't help. So instead reach out to family and friends. Vent, let it all out. Being in contact with others is a benefit because it offers distraction, provides you with support, and helps you tolerate life's ups and downs. Plus you never know, that person you are talking to might be in the same boat with you, and then you won't feel so alone.

Three, keep a journal. Writing down your thoughts and feelings, this can help release those pent-up emotions. Not a writer, then don't worry about it. Just put the pen or pencil to paper and write. You're not trying to write an award winning novel, you are just to write whatever comes to your mind.

If any of these three things don't seem to help, try seeking counseling. Don't be scared of it or ashamed if you need a little reinforcement power. Therapy is a good idea if you're feeling overwhelmed, worry constantly, and feeling trapped or just having trouble carrying out daily routines or meeting responsibilities at work, home or school.

For more information about stress techniques or where this information was found, you can go to http://www.mayoclinic.org and search stress management. Here's to living stress free, awwwhhh!





### Coming Up...

### Atturbury Wash Dedication

May 9, 9am, Lower Lincoln Park, 8280 E. Escalante Rd. Join Council Member Scott and Mayor Rothschild as they celebrate with Tucson Parks and Recreation, the Tucson Audubon Society, and the first ever Conserve to Enchance (C2E)-funded riparian enhancement project that helped replace and restore native trees, shrubs, added a raised trail system, rainwater harvesting basins and drip irrigation in the Attubury Wash due to erosion and drought conditions. For more info, visit the Ward 4 website!

## Mother's Day Brunch at Reid Park Zoo

May 11, 8:30am-10am/10:30am-Noon, Reid Park Zoo

Treat your mom to a special day at the Zoo! Start off the morning with a scrumptious brunch, take a stroll through the Zoo and participate in a variety of activities such as crafts, animal encounters, and presentations. Plus watch our animal moms get special treats to celebrate the day! \$40 nonmember; \$35 member; \$15 children 2-14. More info call 881-4753.

# Road Work Update by MJ Dillard

### Houghton Road: Irvington to Valencia

Schedule: This project will be completed by the end of May, and is looking like it will be under budget and on schedule.



The rubberized asphalt will start going in on Monday, April 28th. This work will take about ten days, then we will bring in the temporary striping. The asphalt has to set up for 30 days before the final thermoplastic reflective striping and

markers can be placed, and the temporary striping will allow us to keep the lanes open for that 30 day waiting period.

During the asphalt placement, we will need to close lanes down, but that will be moving and shifting throughout the ten days. Also, after the rubberized asphalt is down, there will be several areas where manholes will be raised, and this will require some barricading to allow the concrete collars to set up over night. We appreciate your patience for our final round of lane closures.

#### Landscaping:

Landscaping continues to be installed throughout the project area. Various lanes of traffic will be temporarily closed to provide a safe zone for this installation. Within the next week or two, we will be placing the rock mulch throughout the project area and we will need to close various lanes for this work as well. Our goal is to keep as many of the lanes open as possible at all times.

As always, please keep the speeds down. Workers are still on the site and we don't want to see anyone hurt.

# Houghton Road: Bridge over the Union Pacific Railroad and UPRR Bridge to Interstate 10

Schedule: Construction on these projects is still scheduled to begin sometime in mid 2015.

As always, we appreciate your patience, and we want to hear from you if you have any questions, concerns or suggestions.

M.J. Dillard City of Tucson Construction Project Manager 520-837-6616





### In the 411

Eastside Police Substation - 791-5700

9670 E. Golf Links

For additional information in regards to tickets or other departments within the Tucson Police Department log on to http://cms3.tucsonaz.gov/police

Transportation (TDOT) - 791-4259

201 N. Stone Ave. 5th Floor.

Got a question about construction, traffic, streets, graffiti removal, landscaping, stormwater, RTA or anything along these lines? Visit

http://cms3.tucsonaz.gov/transportation to get more info.

Environmental Services - 791-3171

Information on trash, recycling, landfills, brush and bulky and even neighborhood cleanups is what you can find here. They even do Hazardous Household Waste Collections. Visit <a href="http://cms3.tucsonaz.gov/es">http://cms3.tucsonaz.gov/es</a> for more info.

Tucson Water - 791-4331

310 W. Alameda St.

Have questions on billing, water conservation, water quality or general service, then call the public info line or check out http://cms3.tucsonaz.gov/water

William Clements Center - 791-5758 or 791-4730

8155 E. Poinciana

There is a lot happening here! Additional information, including calendar of events, go to http://cms3.tucsonaz.gov/parksandrec/clements

Miller-Golf Links Branch Library - 594-5355

9640 E. Golf Links Rd

Get info of scheduled events or what's currently happening at this library. Better yet go to www.library.pima.gov/locations/golflinks

Pima Council on Aging - 790-7262

8467 E. Broadway

This is a great place that offers programs and services to older adults and their families living in Pima County. Learn more about this great organization by going to www.pcoa.org

Code Enforcement - 791 - 5843

310 N. Commerce Park Loop

Chapter 16 and 3 fo the City Code is what they enforce. If you suspect property or housing violations within the City give them a buzz or go online for more information or to make a complaint at http://cms3.tucsonaz.gov/hcd/code-enforcement

Graffiti Removal Program - 792 - 2489

If you see someone "tagging" call 911. If The graffiti is already there, then call the number above to report it. Check out <a href="http://cms3.tucsonaz.gov/graffiti">http://cms3.tucsonaz.gov/graffiti</a> for more information on removal or reporting.

